

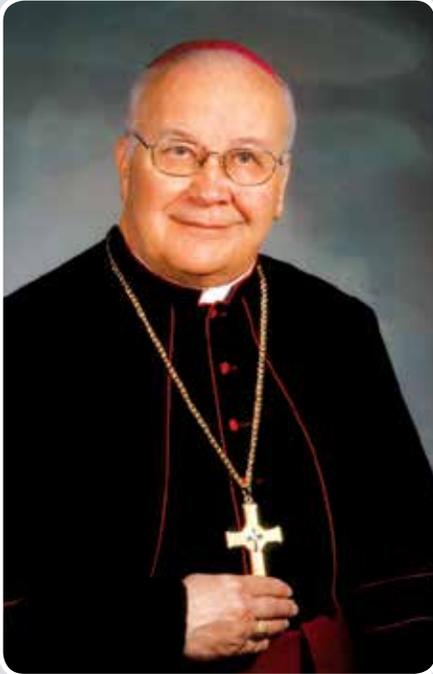
ROSEMARY

the mosaic of

...individual faces ...individual voices ...individual needs



**CATHOLIC
CHARITIES**
Diocese of Metuchen



Dear Friends,

I am pleased to present you with the Annual Report of Catholic Charities, Diocese of Metuchen.

In 2012, many individuals and communities in our diocese faced challenges far beyond any they could have foreseen. A weakened economy continued to create hardships for the most vulnerable among us, and near the end of the year came Hurricane Sandy, the worst storm to hit our area in over a hundred years.

Still, through the efforts of Catholic Charities, God's loving embrace was extended to tens of thousands who suffered in 2012. Not unaffected themselves by hardships, more than ever the agency's staff and volunteers were a stronghold for the poor, a stronghold for the needy in distress, and a shelter from the storm (Isaiah 25:4). I am most grateful to each of them and inspired by their dedication and sacrifice.

Assistance for the Hurricane victims especially will continue into the foreseeable future and Catholic Charities will need sustained and generous support if it is not to let down all those who look to it as their lifeline, their only source of hope. I ask you to consider how you might partner with us again this year to be part of God's loving embrace.

I thank all benefactors, partners, Board Members, and volunteers for your generous support of Catholic Charities, Diocese of Metuchen, and I pray that you will always know the blessings of our generous God.

Sincerely in the Lord,

Most Reverend Paul G. Bootkoski
Bishop of Metuchen

Dear Friends,

“... within the community of believers there can never be room for a poverty that denies anyone what is needed for a dignified life.”

Pope Benedict XVI

The year 2012 will be remembered as one of unique, even historic, challenge for all involved in the work of Catholic Charities, Diocese of Metuchen.

Commentators have been especially kind in recognizing Catholic Charities' efforts in the tragic aftermath of Hurricane Sandy; however, this report is about the kinds of service Catholic Charities supplies “every day” to thousands of people of all backgrounds and denominations facing personal and ongoing tragedies with such names as poverty, homelessness, mental illness.

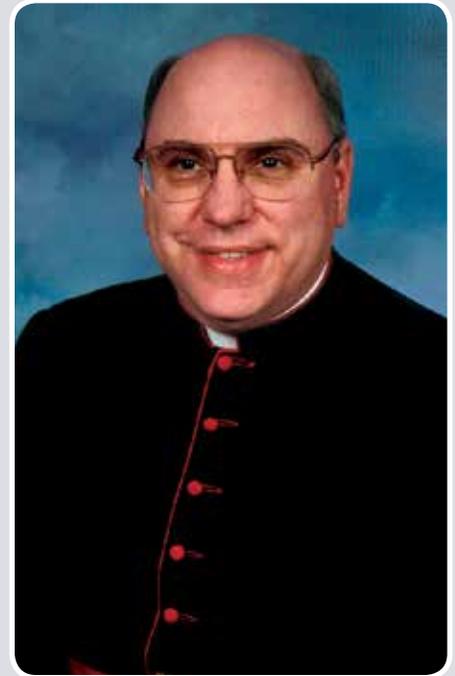
Real solutions are being provided to the most vulnerable in our diocese by the tireless commitment of Catholic Charities' staff and volunteers, but, ultimately, there can only be a Catholic Charities through the generosity of our benefactors.

Thank you for the support that has enabled Catholic Charities to exist and to keep helping our brothers and sisters in need. If you are just learning about the work of Catholic Charities, thank you for considering being part of this vital instrument of God's compassion.

Sincerely,



Reverend Msgr. William Benwell, V.G.
Chairman, Board of Trustees





Dear Friends,

I am pleased to present the 2012 Annual Report of Catholic Charities, Diocese of Metuchen. In this report, you will read about the vast and diverse programs we deliver, each one is essential to the community it serves.

The financial crisis of these past few years has become an ongoing reality for far too many in our community. The number of people now living in poverty, and needing our services, has grown dramatically. At the same time, the sustained weakness of the economy means that Catholic Charities continues to face funding cuts to programs at every level.

A poor economy does not, by itself, create poverty. Poverty is a man-made disaster, created when we turn away from those in need, allowing that need to grow and multiply, often into new generations.

As Catholics, we each accept the call to act on behalf of the most vulnerable in our society. Together, we continue to be a voice for the voiceless and a steady light in the frightening and desperate darkness that is poverty.

Catholic Charities, Diocese of Metuchen must continue to be a lifeline for those in persistent and growing need. It is our privilege to do this work and we cannot do it without continuous support from the community.

In addition, at times of great crisis, Catholic Charities, Diocese of Metuchen is among the first responders to the community. During the days after Hurricane Sandy, we mobilized to assess needs, deliver relief and develop long term plans to rebuild and renew lives touched by this disaster.

It is the dedication of our Board of Trustees, staff, volunteers and Benefactors that enables Catholic Charities, Diocese of Metuchen to serve those in the greatest need. I am grateful to our donors and funders for supporting Catholic Charities, Diocese of Metuchen.

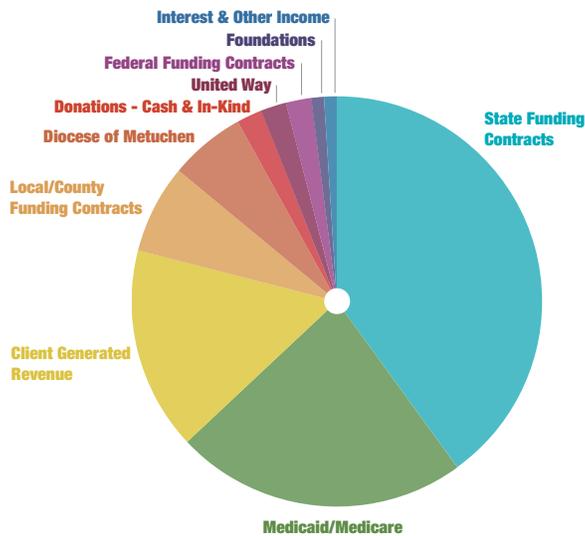
The support we get from all of you allows Catholic Charities to be an agent of God's love for those most vulnerable in our society and we sincerely appreciate it.

Sincerely,

A handwritten signature in blue ink that reads "Marianne Majewski". The signature is fluid and cursive.

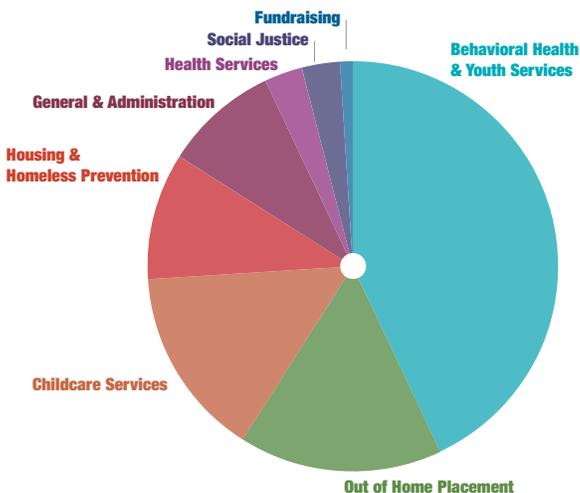
Marianne Majewski, LCSW
Executive Director

Financial Summary | FY12



Total Revenue | FY 2012

40%	State Funding Contracts	\$14,835,602
23%	Medicaid/Medicare	\$8,654,046
16%	Client Generated Revenue	\$6,143,018
7%	Local/County Funding Contracts	\$2,792,458
6%	Diocese of Metuchen	\$2,122,654
2%	Donations - Cash & In-Kind	\$724,573
2%	United Way	\$688,983
2%	Federal Funding Contracts	\$683,079
1%	Foundations	\$439,512
1%	Interest & Other Income	\$168,432
100%	TOTAL	\$37,252,357



Total Expenses | FY 2012

43%	Behavioral Health & Youth Services	\$15,941,265
16%	Out of Home Placement	\$6,005,842
15%	Childcare Services	\$5,601,000
10%	Housing & Homeless Prevention	\$3,741,899
9%	General & Administration	\$3,354,492
3%	Health Services	\$1,207,665
3%	Social Justice	\$882,603
1%	Fundraising	\$50,565
100%	TOTAL	\$36,785,331

BOARD OF TRUSTEES

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Bishop of Metuchen
President

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Executive Director

Julio Coto, LCSW
Assistant Executive Director

Joan Lora, LCSW
Assistant Executive Director

Christine Benitez, MBA, CPA
Chief Financial Officer

Douglas J. Susan, JD
Director of Compliance

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Marci Booth, LCSW
Out of Home Placement

Elena Boyle, MA, LCADC
PACT

Luann Dias, LCSW
Somerset Behavioral Health/Youth and Middlesex Youth

Krista Glynn, BA
Child Care

Wesley Moore, M. Div., CSW
Housing and Homeless Prevention

Ernie Revoir, M.B.A., CHE
Social Justice

Martha Rezeli, MA, CSW
Hunterdon/Warren Behavioral Health



About Catholic Charities, Diocese of Metuchen

Catholic Charities, Diocese of Metuchen, incorporated in 1982, is a non-profit agency dedicated to service, quality and outreach for members of the community, especially those who are poor, devalued and in need of help. The agency, which evolved from the Catholic Welfare Bureau of Trenton founded in 1913, provides programs to the four counties of the Diocese of Metuchen with selected services that reach throughout the State of New Jersey.

Catholic Charities, Diocese of Metuchen, began with seven sites that offered nine programs. In 30 years, it has grown to include 21 sites and over 113 programs. This expansion is the direct result of the agency's aim to provide service to all those in need regardless of race, religion or ethnicity. To fulfill this commitment, agency administration has consistently created new, innovative programming that would serve to extend the work of Catholic Charities, Diocese of Metuchen.

In its effort to provide the highest levels of service to all its clients, Catholic Charities, Diocese of Metuchen, uses the principles of quality, creativity, respect and empowerment as the guiding forces behind the agency's mission. When reaching out to those in the community needing service, particular attention is given to the poor, undervalued and those who are disenfranchised. Administration and staff design programs that focus on the value of family, individual knowledge and the right of every client to be treated with dignity and respect.

Mission Statement

Driven by the social teachings of the Church, Catholic Charities, Diocese of Metuchen provides quality services with dignity and respect to the poor, vulnerable and all people in need, and partners with families and communities to improve the quality of life.

Vision

To be a vibrant, dynamic agency dedicated to helping all individuals and families reach full potential while advocating for a more just and compassionate society.

Catholic Charities Values

We value the:

- Freedom of each individual to pursue their full potential
- Dignity and fullness of all human life
- Poor, the vulnerable and the devalued
- Differences of others
- Sanctity of the family

We are committed to:

- Service to individuals in need
- Service to individuals no one else will serve
- Justice and compassion
- Standards of excellence
- Continuous improvement and measurable outcomes
- Success through partnership
- Integrity and honesty

Services

HEALTH SERVICES

In a country recognized worldwide for its wealth of opportunity, a staggering number of people do not have health insurance or have health insurance that is inadequate. The Health Services of Catholic Charities, Diocese of Metuchen strive to provide high quality health care to those who would not otherwise have access.

The Health Center

St. John's Family Health Center, located in New Brunswick, offers services to the poor, uninsured and disenfranchised. Health Center patients establish a "medical home" for primary and preventive medical care, child and adult immunizations, laboratory specimen & medication assistance. St. John's offers HIV medical treatment, clinic-based case management and patient liaison services. St. John's Health Center is open Monday through Friday, including one evening, to better serve the needs of the patients.

Medical Outreach

The Medical Outreach service is community based, serving the 37-block Unity Square neighborhood that adjoins St. John's Health Center. This service emphasizes the use of a "medical home" for routine medical visits for all ages, instead of overcrowded hospital emergency departments. The bilingual Outreach Worker identifies adults and children in this neighborhood that have not been receiving proper medical attention and assists in connecting them with primary medical care. Parents are provided with consultation about the importance of having children immunized, receiving routine medical attention and being screened for lead poisoning.



HIV Services

For those in the community afflicted with or affected by HIV, life can be made even more difficult by a lack of access to much needed medical and social resources. St. John's Family Health Center provides primary medical care for persons living with HIV/AIDS. Clinic-based case management services are also available at St. John's for these individuals. Additionally, St. John's offers the HIV Testing Program. The testing is private, confidential, free of charge and timely; preliminary results are available 20 minutes after the test is taken.

HOMELESSNESS PREVENTION AND SOCIAL JUSTICE

The Homelessness Prevention and Social Justice Service Areas assist individuals and families who are hungry, need shelter or lack the financial resources to meet their basic needs. The focus moves beyond temporary charitable solutions, and strives to implement long-term solutions by getting at the root causes of social issues and making lasting system changes. Over 20 programs are available to provide short term assistance that will lead to self-sufficiency and an improved quality of life.

In Fiscal Year 2012

- 50,693 people in need were served by Catholic Charities, Diocese of Metuchen
- 1,560 children received Child Care Services
- Immigration Services assisted 1,618 people with the naturalization process
- The Ozanam Family Shelter and the Ozanam Inn provided 672 men, women, and children with a place to stay
- 81 people received services for the treatment of HIV
- The Boarder Babies Program provided loving, nurturing homes for 43 infants
- 58 people were treated by the Family Violence Program
- 62 volunteers in the Senior Shopper Program shopped for 90 people
- Vital healthcare and immunization services were provided to 815 individuals at the St. John's Health and Family Service Center
- 194,039 hours of service were provided by eight service areas and over 113 programs across the four counties of the diocese

SERVICES		HIV/AIDS Services	Behavioral Health	Child Care/School Age	Health Care/Outreach	Housing Search/Advocacy	Immigration	Information/Referral/Advocacy	In-Home Services for Abused/Neglected Youth	Material Needs/Disaster Relief
OFFICES										
BRIDGEWATER FAMILY SERVICE CTR Bridgewater, NJ	908.722.1881		●	●		●		●	●	●
COMMUNITY HOUSE Old Bridge, NJ	732.251.0022									
EAST BRUNSWICK FAMILY SERVICE CTR East Brunswick, NJ	732.257.6100		●					●		
EDISON FAMILY SERVICE CTR Edison, NJ	732.738.1323							●	●	
FLEMINGTON FAMILY SERVICE CTR Flemington, NJ	908.782.7905		●					●	●	●
INDEPENDENT LIVING Phillipsburg, NJ	908.454.0414					●				
MAPLE STREET FAMILY SERVICE CTR Perth Amboy, NJ	732.324.8200							●	●	
NAOMI'S WAY New Brunswick, NJ	732.565.7974					●		●		
NEIGHBORHOOD CTR Perth Amboy, NJ	732.826.0788							●		
OZANAM FAMILY SHELTER Edison, NJ	732.985.0327					●		●		
OZANAM INN New Brunswick, NJ	732.729.0850					●		●		
ST. BAKHITA HOUSE Phillipsburg, NJ	908.454.0912									
PHILLIPSBURG FAMILY SERVICE CTR Phillipsburg, NJ	908.454.2074		●	●				●	●	
PHILLIPSBURG THRIFT STORE Phillipsburg, NJ	908.859.5447									●
ST. AGNES HOUSE Bridgewater, NJ	908.704.3401									
SOCIAL SERVICE CTR Phillipsburg, NJ	908.859.5447					●		●		●
SOMERSET STREET EARLY LEARNING CTR New Brunswick, NJ	732.545.1789			●						
STATE STREET TRANSITIONAL HOUSING Perth Amboy, NJ	732.826.7711					●		●		
ST. JOHN'S HEALTH & FAMILY SERVICE CTR New Brunswick, NJ	732.745.9800	●			●					
TRINITY FAMILY SERVICE CTR Perth Amboy, NJ	732.826.9160		●			●	●	●	●	●
YES EARLY LEARNING CTR New Brunswick, NJ	732.249.3881			●						



Administrative Offices
319 Maple Street
Perth Amboy, NJ 08861
Ph: 732.324.8200
Fax: 732.826.3549

DIRECTORY

BEHAVIORAL HEALTH & YOUTH SERVICES			
Behavioral Health			
Middlesex	800.655.9491	Warren	908.454.2074
Hunterdon	908.782.7905	Somerset	908.722.1881
Youth Services			
Middlesex	732.738.1323	Warren	908.454.2074
Hunterdon	908.782.7905	Somerset	908.722.1881

CHILD CARE SERVICES	
Middlesex	908.725.1912
Hunterdon & Warren	908.454.2074
Somerset	732.545.1789

PACT Services	Parenting Education	Parish/ Outreach	Youth Partial Care	*Maternity Services	Residential Services for Youth	Services for the Disabled	Services for the Elderly	Shelters for the Homeless/ Transitional Housing	Substance Abuse Services	Supervised Visitation	TFH/Boarder Babies	Youth Mentor/ Recreation/ Tutoring
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OF SERVICES

SOCIAL JUSTICE & HEALTH SERVICES

St. John's Health Center – New Brunswick	732.745.9800
Immigration	732.826.9160
Parish Social Ministry	732.257.6100
Unity Square	732.545.0329

HOUSING & HOMELESS PREVENTION

Men's Shelter	732.729.0850
Family Shelter	732.985.0327
Naomi's Way	732.565.7974
State Street Transitional Housing	732.826.7711

OUT-OF-HOME PLACEMENT

Treatment Family Homes	732.324.8200
Resource Family Inquiries	866.247.HOME
Maternity Services	732.324.8200
Residential Services	908.454.2074

Housing

Ozanam Family Shelter in Edison provides emergency shelter for 16 single women and 26 families. The Ozanam Inn, located in New Brunswick, provides shelter to the homeless men of Middlesex County. The facility has 14 emergency shelter beds and 26 transitional housing beds. While living in the shelter, program residents work with case managers to improve their earning capacity and obtain permanent housing.

Naomi's Way is the Service Area's newest program. The facility, located in New Brunswick, has 16 one or two bedroom units. The program offers support to homeless mothers who are employed or engaged in job training. Stays at Naomi's Way can last up to 24 months. While in residence, the women are provided with case management and life skills training.

The State Street Program has a total of 56 units including studio apartments, single rooms and low income housing apartments for singles and couples. Many of these tenants once resided in Catholic Charities, Diocese of Metuchen shelters. Tenants are offered case management, life skills training, transportation, counseling and linkage to substance abuse and mental health counseling.

The Project for Assistance in Transition from Homelessness (PATH) is designed to assist mentally ill individuals who are homeless. The project provides assistance securing entitlements, mental

health treatment and housing. Services are provided to clients in the community in train stations, hospital emergency rooms, shelters and soup kitchens.

Social Justice

The Social Justice Service Area works in collaboration with the various offices of and programs of social concerns and social justice to advocate for, and educate about, the issues affecting the poor; and to help those in need within the four counties of the Diocese, as well as nationally and internationally. The Social Justice Area also helps average parishioners understand what the Church teaches regarding Social Justice and assists them in putting those teachings and their faith into action. The Social Teachings of the Catholic Church, the Catechism of the Catholic Church and the Synod Norms of the Diocese of Metuchen (long-range plan) are guiding forces directing these efforts in Social Justice. The goals are faith formation, direct assistance, awareness and advocacy to promote and implement the Social Teachings of the Catholic Church; as well as to foster self-empowerment, self-sufficiency and solidarity among the poor. The Office also partners with the other Diocesan Offices, Clergy & Religious, Parish Communities, the USCCB and all people of good will in advocating for and promoting the implementation of the Catholic Social Teachings throughout

the Diocese of Metuchen. Where Charity seeks to respond to immediate needs and to alleviate human suffering in the short term; the Office of Social Justice also works toward long term solutions to eliminate the root causes of unmet need and suffering. The Office of Social Justice strives to effect positive changes at the basic cause level, in order to make lasting change, assure basic human needs, prevent unnecessary suffering, and to uphold human dignity.

Immigration

The Immigration Program advocates for and assists immigrant individuals and families to adjust their legal status in the United States, to reunite their family members, to become free from abusive living situations, or to become United States citizens. Services are also available to assist those seeking asylum, refugees fleeing oppressive governments to seek freedom in the United States, or those seeking "Deferred Action for Early Childhood Arrivals." Services to immigrants in need of credible information are offered by appointment in Perth Amboy, Phillipsburg, and New Brunswick; and Open house sessions are offered weekly in Perth Amboy. Individuals eligible for citizenship are guided in the steps that will lead to legalized residency. Services are available in English, Spanish, French and Creole. The Program is an active participant in the Justice for Immigrants

Community Development and International Solidarity

These programs reach beyond the Diocese of Metuchen and provide direct assistance and stimulate local community response to disaster and long-term poverty:

The Catholic Campaign for Human Development (CCHD) is the United States Catholic Church's official antipoverty program. Over 4,000 projects have been funded in the past 30 years through the support of Catholics residing in the Diocese of Metuchen and nationwide.

Within the Diocese of Metuchen, Unity Square Community Development in New Brunswick, support of New Labor outreach for immigrants, and The Intersect Fund's promotion of micro-finance/local entrepreneurship are examples of local projects.

The Solidarity Team (CCST) works with the local community, and the national Catholic Relief Services (CRS) headquarters, to advance global solidarity and social justice. CRS is the official overseas arm of the U.S. Catholic community, sponsoring education, advocacy, development, and fund-raising programs for at-risk communities in over 95 countries. We in Metuchen, continue in global solidarity partnerships with our sister Diocese of Santa Rosa de Lima in Guatemala, and the Diocese of Thanjavur in India. Our Solidarity Team also sponsors local Operation Rice Bowl and Justice for Immigrants (JFI) activities and events.

Coalition of NJ, a faith-based advocacy group seeking just immigration reform.

Social Services

Social Services are provided in several different areas throughout the four counties. The Warren Basic Material Needs Program at the Social Service Center in Phillipsburg consists of a food pantry, thrift store, information, referral, advocacy and case management services. The Center ministers to people with limited resources who seek the everyday means of sustenance, food and clothing.

The Family Financial Stabilization Program and LIHEAP are programs that are provided in Somerset County. Case Managers provide financial counseling, as well as assistance with rent, mortgage and utilities.

Services to the Elderly

Volunteer services are provided by community volunteers to seniors and the disabled in Somerset County who need assistance with the activities of daily living. A comprehensive needs assessment matches the client with a volunteer to provide services such as shopping, household tasks, yard work or friendly visits.

Multi-Service Program

The Multi-Services Program provides financial assistance and case management to low-income residents of Middlesex County who are having financial difficulties. Areas of assistance include rent, mortgage, utilities for those who are facing eviction, foreclosure or utility shut-off. The program serves the lowest-income earners in the community and those who have the most difficulty accessing services and resolving problems. All applicants are screened for eligibility, and are provided with a rapid response to their needs.

These services are consistent with the mission of Catholic Charities, Diocese of Metuchen which is to provide for those in need who are economically disadvantaged or who may not be protected by society's "safety net."

Parish Social Ministry

The Parish Social Ministry Office serves as the connection between Catholic

Charities, Diocese of Metuchen, and the 94 parishes in the Diocese. This office works to increase and maintain a collaborative relationship with the parishes in an effort to better meet the needs of those experiencing hardship of any kind. Parishes support our efforts particularly during major holidays by collecting food and gifts. The Diocesan Emergency Assistance Program provides financial assistance to individuals and families referred by local parishes, while providing other Agency resources and referral in the areas of mental health, physical health and basic needs. Assistance is provided through local community parishes, and is inclusive of all faiths.

The Office, as part of the Social Justice Service Area, partners with the Diocese to support and facilitate social justice education and awareness throughout the Diocese. We are active on committees on the Diocesan level and at an Inter-diocesan level that includes NJ Catholic Conference, NJ Catholic Coalition for Environmental Justice and the Metuchen Diocese Global Solidarity Team. Through this Service Area, the agency disseminates information, support and direct services to the pastors, social ministers and parishioners of 94 parishes in the Diocese of Metuchen.

Unity Square Neighborhood Revitalization Project

The Unity Square Neighborhood Revitalization Project is part of the Social Justice Service Area at Catholic Charities, Diocese of Metuchen.

Unity Square is a 37-square block neighborhood in New Brunswick between Commercial and Livingston Avenues and Sanford and Welton Streets. The office is located on the Sacred Heart Church campus. This neighborhood, which is composed of a mix of African Americans who have lived in the area for many years and are predominantly homeowners and new immigrants mostly from Mexico who are predominately renters, has an estimated population of 7,000 people, of which 24% live below the federal poverty limit. The diversity of the neighborhood reflects the richness and opportunities in this area which have been captured in the revitalization projects.

Catholic Charities, together with Sacred Heart Parish, began organizing the neighborhood in 2004 and has formed



partnerships with many local civic, religious and governmental organizations. A grass roots based neighborhood plan has been completed, which has been approved by the NJ Department of Community Affairs for the purpose of obtaining tax credit funding for projects that reflect the goals within the plan. Some of the goals include the development of housing affordable to families that earn between 35% and 50% of the median income in order to alleviate some of the overcrowded living conditions the residents are experiencing; improving access to health care for those without insurance; economic development; improving recreational activities for youth, particularly reducing crime and the development of a Community Center. To date, seven affordable housing apartments were acquired through NJ Neighborhood Revitalization Tax Credit funding. Five additional single family homes have been constructed and occupied. Funding for these homes has been made available through municipal HOME monies and NJ Neighborhood Revitalization Tax Credit dollars. In addition to affordable housing development, program funds are being used for various initiatives such as increasing the hours at the neighborhood's St. John's Family Health Center.

This past year vast improvements were made with neighborhood community gardening in 3 locations, serving 55 families. The Feaster Park garden was completely renovated and transformed with the help of all of the gardeners. Thus the gardeners were able to enjoy a bountiful season of fresh vegetables and



beautiful flowers that were admired by everyone who visited.

Our focus now is to continue community organizing and to work on leadership development within the neighborhood. Through this organizing effort, we will build bridges between the African American and Latino communities; and between essential service workers of this vibrant low-income neighborhood that supports the successfully redeveloped commercial, healthcare, education, and upscale residential areas of the city. Our goal is to find common ground on the issues that affect all, and identify solutions for the betterment of the entire Unity Square neighborhood and the City of New Brunswick.

Unity Square also regularly holds a number of very well-attended community cohesion events including Earth Day, Night Out Against Crime, and safe Halloween events for children.

RESIDENTIAL SERVICES

Residential Services believes something miraculous is possible for troubled youth when they receive structure, caring and specialized services. Guided by this belief, the programs serve children and teens requiring extra assistance to successfully transition from childhood

to adulthood. Too often, these children come from chaotic or abusive homes that lack sufficient guidance and direction. Too often, these children are left unattended, raising themselves without parental support or intervention. Yet, with vigilance, faith, support and care, their possibilities are endless and achievement is possible.

Independent Living Program

The Independent Living Program, located in Warren County, is for youth who are approaching adulthood, yet remain unable to return to their families. This program provides a supervised apartment-type setting to facilitate the transition from a group home to living in the community without adult supervision. While in the facility, youth receive case management services and opportunities for real life experiences in a supportive environment. The program provides education in household maintenance, food shopping, meal preparation, money management, methods for accessing community resources and assistance obtaining employment. Program participants are required to maintain employment and contribute financially to rent and groceries. All program components prepare these youth to live independently in the community.

Residential Treatment Program

A temporary out-of-home placement often provides the opportunity for participants and their families to identify and work through issues that led to placement. Residential Treatment Centers provide a highly structured environment that is designed to target specific treatment needs. The focus is on stabilizing youth in order to reintegrate them into the most appropriate community placement.

Residential Services operates St. Agnes House located in Somerset County. This program provides intensive, short-term treatment in a community setting. The focus of the program is to reintegrate a client, who has often been in the system for many years, to the least restrictive community setting. The program focuses on individual and family therapy with a behavior modification component. Clients are encouraged to earn unsupervised time in the community and to participate in community service projects. The program works with the client to become a productive member of the community.

Intensive Independent Living Program

St. Bakhita House, located in Warren County, is an intensive independent living program for clients with limited family resources. These clients have lacked the positive life experiences necessary to prepare them to live successfully in the community. Many of these clients have a long history of out-of-home placements. St. Bakhita House focuses on intensive education to prepare the young adult for living on her own in the community through a curriculum diverse in nature and focusing on the strengths of the client. The program will not only teach the client life skills but will also provide her with real life experiences to build upon as she enters the community on her own.

Education and training in independent living skills areas (including job readiness, grocery shopping, money management and personal hygiene) are provided on a daily basis. Most of this education will take place in the community as real-life experience. Individual, group and family therapy sessions are provided on a weekly basis to help the client transition into the community successfully. Groups offered include therapeutic groups and psycho-educational groups. The clients are encouraged to obtain employment

as well as further their academic or vocational education. The clients earn unsupervised time within the community to practice being without adult supervision. Completion of the St. Bakhita House program culminates in clients living independently whether through family reunification or independent living arrangements in the community.

CHILD CARE SERVICES

Affordable quality child care is one of the services most frequently requested by the clients of Catholic Charities, Diocese of Metuchen. Catholic Charities Child Care Services has assisted families through various child care programs within Somerset, Morris, Warren and Middlesex Counties since 1995. Currently serving approximately 1,500 children from preschool to middle school, Child Care Services meets the needs of working families by providing their children a safe and supportive atmosphere in a quality child care setting. Programs are provided during the school year and year round to accommodate the needs of the communities.

PROGRAMS

Preschool “Formerly Abbott” Services

Catholic Charities Child Care Services provides full-day preschool services to approximately 210 children ages 3 to 5 years of age in New Brunswick, Middlesex County. Currently located in two early learning centers, district preschool children are provided with a full-day of curriculum and instruction preparing them for kindergarten. Families are able to apply for wrap-around



services before and after the regular instructional day based on their income eligibility status. Services are additionally provided during school breaks and the summer months.

Partners School Age Care

The Partners School Age Child Care Programs, located in Warren, Morris, Somerset and Middlesex Counties, provide before and after-school care for children, ages five through thirteen. Primarily located in local elementary schools, thereby eliminating transportation issues and greatly reducing parental stress, programs include enrichment activities and homework assistance supported by the “Links to Learning” curriculum through the National Institute on Out of School Time (NIOST). Programs are offered on a sliding fee scale to allow families at various economic levels to participate where available and local subsidies are accepted. Six of the school age programs are nationally accredited through the National Afterschool Association (NAA) focusing on high-quality standards of care in an afterschool setting.

Summer Program Services

Child Care provides full day summer program services to communities located in Warren, Somerset and Middlesex Counties. Summer programs offer weekly themes, field trips, special events, enrichment, on site presenters and weekly swimming. Approximately 500 children are served through the school age summer programs.

Additional Child Care Services

Holiday care, wrap-around child care and kindergarten enrichment services are additionally provided in Child Care Services. Services are specific to the location and needs of the communities.

Family Outreach Program (FOP)

The Family Outreach Program, supported through the Early Childhood Abbott districts, the Division of Family Development, and Prevent Child Abuse NJ, works collaboratively with Family Workers, Child Care Directors, Family Worker Coordinators, Social Workers, PIRT Teams and Community Agencies in order to enhance children and their families’ lives. Catholic Charities currently

oversees two Family Worker Coordinators who provide support and mentoring to 37 family workers in both New Brunswick and Perth Amboy.

TREATMENT FAMILY HOMES

There are thousands of children in out-of-home placements in New Jersey. Catholic Charities provides safety, stability and a sense of security to children placed in our licensed Treatment and Boarder Baby Homes during a very difficult time in their lives.

The Treatment Family Homes Program serves children from birth to 18 years of age in need of temporary, therapeutic homes. The agency is committed to helping children maintain connections to their kin, culture and community while in care. Every effort is made to either reunite children with their family of origin/kin or move them into permanent homes as soon as possible.

To meet the needs of foster children in New Jersey, the Home Study Unit specializes in the recruitment of potential families. Applicants complete a screening process that includes fingerprinting, local police checks, interviews, home visits and reference checks. The Home Study Unit also arranges for pre-service education and continued training of all TFH licensed parents.

The Boarder Baby Program

The Boarder Baby Program offers temporary homes for infants and children up to age five referred by the Division of Child Protection and Permanency (DCP&P). Many of these children have a history of prenatal drug or alcohol exposure and have been removed from the care of their biological families due to abuse, neglect, poverty or homelessness. Children referred to the Boarder Baby Program may also have significant health problems and are classified as “Medically Fragile”. In these cases, Catholic Charities’ families are specially trained to meet the child’s specific needs. All Catholic Charities Boarder Baby families provide love and stability in a nurturing environment.

The Treatment Home Program

The Treatment Home Program offers specially trained, therapeutic homes as

well as ongoing clinical therapy, case management and supportive services to children ages five to eighteen who are at risk. These children have a history of trauma, multiple out-of-home placements, abuse and neglect, and are experiencing challenging emotional and behavioral issues. Treatment Home families are trained by agency staff to provide a warm, nurturing home with the level of structure and supervision the children need to thrive.

The Adoption Support & Advocacy Program (ASAP)

The Adoption Support & Advocacy Program works with children in DCP&P foster care and pre-adoptive homes to ensure a stable transition from foster placement to adoption. Catholic Charities Clinicians provide in-home behavioral therapy to help stabilize the placement and move the child and family toward adoption.

Maternity Services

Maternity Services offers free options counseling to expecting or new parents in need of guidance and support. A Clinician works with birth parents and their families to explore options available including parenting, foster care and adoption.

Assistance is also provided with obtaining medical care and supportive services for mother and child.

Maternity Services also provides resources and referrals for parents exploring adoption as a way to grow their family. A Clinician will provide families with general information related to adoption as well as referrals to licensed agencies that provide adoption services.

BEHAVIORAL HEALTH AND YOUTH SERVICES

Life's challenges can affect any individual or family. The Behavioral Health and Youth Services Area of Catholic Charities, Diocese of Metuchen serves adults and youths struggling to cope with life in the face of psychological, behavioral and/or addiction issues. Programs offered throughout the four Diocesan counties provide counseling, treatment, guidance and support to many who would not otherwise have access to these services.

Behavioral Health Outpatient

Outpatient Behavioral Health Programs provide short-term, outpatient counseling and treatment to individuals, families, and couples who may be impacted by

depression, anxiety, the loss of a loved one, parenting difficulties and other common life stressors. Services are provided throughout our Family Service Centers located in Perth Amboy, East Brunswick, Bridgewater, Flemington and Phillipsburg.

Specialized services include treatment for survivors of sexual abuse and/or domestic violence, counseling and case management for individuals who are developmentally disabled and have a co-occurring mental health diagnosis. Also provided are psychiatric/forensic evaluations. Specialized individual and family therapy is also available for Spanish-speaking clients in the Perth Amboy, East Brunswick and Bridgewater offices. The East Brunswick Office offers services for adults and children who experience serious or chronic mental illness. Intensive Outpatient Treatment for Somerset & Hunterdon County residents who have a serious mental illness is available in the Bridgewater and Flemington Family Service Offices, by referral from the County Screening Center. Parish counseling geared to faith communities with a Christian focus is offered upon request. Counseling to address the emotional distress associated with post-abortion issues is available Diocesan-wide.

Substance Abuse

Substance abuse has no boundaries and can affect anyone, regardless of age, race, religion or economic status. The programs in the Substance Abuse area serve adult individuals, families and adolescents who are struggling to overcome their addictions. Programs are offered on an outpatient basis and include substance abuse evaluations, individual and group counseling, education through the Intoxicated Drivers Resource Center (IDRC) and linkage to community support groups and 12-Step programs.

Catholic Charities has several locations to meet the growing needs of this service. The Bridgewater office provides an intensive outpatient group for adolescents that meet after school and is designed to facilitate the road to recovery, as well as an adolescent prevention group and community outreach. The East Brunswick Office offers traditional programming for outpatient substance abuse counseling and treatment for adults in both group and individual setting, including a



dedicated group for adolescents as well. The Edison Office is the home base for the Child Protection Substance Abuse Initiative for the NJ Division of Child Protection and Permanency (DCP&P, formerly known as DYFS) for the Counties of Middlesex, Union, and Essex. This program assesses families for substance abuse issues and makes treatment referrals in response to possible abuse and neglect situations.

Program for Assertive Community Treatment - The PACT Teams

The PACT Teams provide comprehensive, integrated rehabilitation treatment and support services to those individuals who live with serious and persistent mental illness. Services are delivered by a mobile, multi-disciplinary team that focuses on self-management of mental illness, as well as preventing unnecessary psychiatric hospitalization.

The three PACT Teams within the Diocese of Metuchen are located in Perth Amboy, Edison and East Brunswick.

Youth Partial Care

Youth Partial Care Services are offered in Edison and serve individuals who need intensive behavioral and psychiatric care in an outpatient setting, while maintaining in-home and in-community functioning. The service is an adolescent program that serves youth, ages 9 to 17. The program serves those who are at risk of psychiatric hospitalization by providing two to four days of treatment each week. These services include psychiatric assessment, medication monitoring, behavior modification, social skills, and education in daily living skills, as well as individual, group and family therapy. Transportation services are provided for all participants.

In-Home Therapy

In-Home Therapy programs are designed to meet the needs of families with youth at risk of out-of-home placement and/or those who have been resistant to traditional outpatient treatment. The in-home component provides a familiar safe environment that helps the therapist observe real situations in order to be able to model healthier and safer parenting behaviors.

Case Management

Case Management services provide individuals and their families with a wide range of services, resources and opportunities to enhance coping skills and promote self-sufficiency. Service coordination, supportive counseling, advocacy, linkages and referral services are provided to clients throughout the Diocese.

Mentoring

Mentoring is an opportunity for youth to partner with adults who will support their dreams and goals, and provide a positive role model while sharing activities and experiences. Mentoring is provided in Middlesex County. Volunteer mentors work with youth experiencing a significant loss, medical problems or difficulty responding to traditional counseling.

Recreation

Recreation Enrichment Programs are provided in the community for at-risk youth. The centers which are found in Perth Amboy, Carteret and Woodbridge offer homework assistance, tutoring, specialized sports, group activities, informal youth outreach and counseling, and an after-school recreation program. The centers provide a safe alternative environment, as well as positive role models.

Education and Training

Education and Training programs are provided throughout the Diocese and include Parent Education groups and assault prevention workshops for teachers, parents and children, both in the schools and in the community (CAP). Anger management groups and domestic/family violence groups are also offered.

Visitation

Visitation programs provide supervised visitation and therapeutic visitation to families and youth who are either involved with the Division of Youth and Family Services (DYFS) or Family Court throughout the four counties of the Diocese. Programs provide services to ensure safe visitation between children and their non-custodial parent, or to evaluate family reunification potential.



Planning and Advocacy

The Hunterdon County Children's Inter-Agency Coordinating Council (CIACC) convenes in order to identify resources and needs within the child behavioral health system. They also evaluate provider agencies funded through the Division of Child Behavioral Health Services and facilitate collaboration between provider agencies engaged in working with children demonstrating behavioral and/or mental health problems. Leaders from the Behavioral Health & Youth Services Division are involved in various planning and advocacy initiatives surrounding Behavioral Health and the Child Welfare System on the local, county and State levels.

School Based Services

Through this program, counselors provide assessment and referral services, individual and group counseling sessions, crisis intervention, and substance abuse education and testing to school age youth in both private and public schools in Somerset and Middlesex Counties.

Post-Abortion Counseling Services

Catholic Charities offers hope and healing through post-abortion counseling and reconciliation programs. The programs offer private and confidential counseling services to those women/men experiencing post-abortion trauma. Individual counseling is available through the Project Rachel program. Project Rachel also offers post-abortion counseling services in Spanish through a weekend retreat program called Rachel's Vineyard.

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